

## Optimal Health

Every day, our bodies maintain and protect 60 trillion cells. Your body depends on the proper nutrients to do this effectively so that you can feel and look great. Unfortunately, some of the most critical, basic nutrients may be deficient from our diets. While there are thousands of supplements crowding store shelves, no one product or juice can provide everything your body needs. So how do you choose?

First, we must understand that there are certain key nutrients that can help every cell remain healthy and function optimally. That's the key to Mannatech's *Intelligent Supplementation*™ philosophy. Mannatech's products help you maintain optimal health at the cellular level to improve your overall quality of life.\* Healthy cells can help to create healthy bodies.

### Optimal Health Products

Mannatech Optimal Health products are a set of proprietary food-based products strategically developed to provide the body's cells with concentrated, standardised and stabilised sources of nutrients. Because your body can respond to them as food, it can more completely and efficiently absorb and use the nutrients.

- Mannatech's proprietary **Ambrotose® complex** is a blend of plant-sourced saccharides, and delivers nutrients not typically found in the modern diet.
- **PhytoMatrix™ tablets**, our 100% natural vitamin, mineral and phytochemical supplement, is the first supplement that combines standardised levels of plant-derived minerals, natural vitamin complexes and a blend of fully stabilised phytonutrients to nourish cells.
- **Ambrotose® AO** capsules offer antioxidant support which combines Ambrotose® complex and carefully selected antioxidants\*\* to help protect your cells from oxidative stress.\* In a clinical study, Ambrotose® AO increased antioxidant protection more than 200% than consuming **an additional** 5 servings of fruits and vegetables a day.\*\*\*
- **PLUS™** tablets provide a proprietary blend of phytohormones, plant-based steroidal saponins, and glyconutrients to support the body's natural ability to maintain good health.

While the Optimal Health products provide the best foundation for your daily nutritional requirements, Mannatech realises that you may have special needs that may benefit from additional support from our targeted solutions range.

- **BounceBack™** is the revolutionary product consistent of a proprietary blend of proteolytic enzymes, phytosterols and curcumin. This product has been specifically formulated for those people who lead active lifestyles and want to support their bodies with something extra.
- **GI-Pro®** is a probiotic dietary supplement that helps regulate the delicate balance that exists between the bacteria you need for a healthy intestine. In addition, GI-Pro® provides enough of the beneficial bacteria to boost the health of the immune system – your body's essential natural defense system.
- **Phyt•Aloe®** capsules combines Ambrotose with 12 dehydrated fruit and vegetable extracts to boost your intake of fruits and vegetables, the most convenient way to supplement your diet!
- **Manna-C®** capsules supports nasal and sinus health. Manna-C® has been specifically designed to nutritionally support the body with a unique blend of Ambrotose® complex and a natural source of vitamin C that can be used daily.
- **Manna•Bears®** are a scrumptious colourful snack containing glyconutrients and 10 nutritious dehydrated fruits and vegetables – all in a naturally derived pectin base.

Mannatech offers the gift of hope for those who desire optimal health and an improved quality of life. Our Optimal Health products exemplify the *Intelligent Supplementation™ philosophy* – FOR YOUR ENTIRE FAMILY!

\* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

\*\*Vitamins C and E, quercetin, grape skin extract, green tea extract and Australian bush plum.

\*\*\*Comparison of serum ORAC values obtained in two separate clinical studies.